Nutrition and Disease. Module 04 Content Nutrition plays a vital role in a person's overall health and well-being. Not getting enough of the recommended nutrients over the long-term can lead to malnutrition which often results in disease and illness. In a 3-page paper, written in APA format using proper spelling/grammar, address the following: Define malnutrition and identify a specific disease that can result from it. Perform library research about the selected disease, and explain its physiological effects on a person's body. Describe the relationship between specific foods/nutrients and the disease. Use the questions below to guide your response. Does research indicate that a lack of specific foods/nutrients increase a person's chance of contracting the disease? Are there specific foods/nutrients that should be avoided by an individual afflicted with the disease? How do specific foods/nutrients work physiologically within the body to help combat the disease? Evaluate nutritional recommendations to help combat the disease. Cite at least 3 credible references and present the resources in APA format on the References page.