For this assignment, please write an essay that describes the general characteristics of the fat-soluble vitamins described in chapter eight (vitamins A,D, E, K). The paper should include: -an introduction that explains what a fat-soluble vitamin is vs. water soluble, other supportive information regarding this topic - each vitamin discussed should have evenly sized paragraphs answering the following questions: Functions, signs & symptoms of deficiency, dietary requirements, sources in the diet, and what happens with toxicity - An appropriate conclusion These papers should have an appropriate paper layout that includes an intro, a minimum of 3-5 body paragraphs, a conclusion, proper grammar, and reflect an understanding of the content for each vitamin. Please know your grade will reflect poor paper construction. An extensive chapter 8 outline is provided in D2L for further support.