Remembering the basics- Maslow talks about human needs being food, water, oxygen, clothing, safety, love and self-actualization. Write a two-page paper on human need of food: This is an Evidence based paper, therefore, references are required and the only source will be CINHAL, PUBmed and articles are dated no later than 5 years. How would you help to reduce health care risks or (potential) associated with too much or too little food. Include two nursing diagnosis with supporting teaching/education AND interventions. Rubics: 2 points - Grammar, spelling 10 points - Evidence-based practice literature/s to support your discussion 2 points - References